

The ASRC Central District is proud to present the S.T.A.B.L.E. Course.

7:00-8:00 Registration  
Collect and grade pre-tests  
that were taken before the class date

**8:00-10:00** Overview of the S.T.A.B.L.E.  
Program and neonatal stabilization responsibilities  
Section One: Sugar module

10:00-10:15 Break

**10:15-11:15** Section Two: Temperature module

**11:15-12:00** Section Three: Airway module

12:00-12:45 Lunch

**12:45-1:30** Section Three: Airway (continued)

**1:30-2:30** Section Four: Blood pressure module

2:30-2:45 Break

**2:45-4:00** Section Five: Lab work module

**4:00-4:30** Section Six: Emotional support module

**4:30-5:00** Quality Improvement/case study

**5:00-5:15** Complete course evaluation and adjourn

**Note: the post-test is administered at the end of each module at the end of each module**

"Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists"

The Arkansas State Board of Nursing recognizes the STABLE certification card towards 10 hours of continuing education.

**Instructor:** Kathy Boyle, M.Ed., MS, RRT-NPS, NREMT-P

Kathy has been a registered respiratory therapist since 1981. Pediatrics has been her primary focus during her career. In 2005, Kathy began teaching The S.T.A.B.L.E. program to respiratory care and paramedic students at Southeast Arkansas College.

**Sponsors:**

Arkansas Regional Organ Recovery Agency  
1701 Aldersgate Rd  
Suite 4  
Little Rock AR, 72205  
Office: 501-907-9128  
Cell: 501-749-5750

Arkansas Society for Respiratory Care  
Central District

Chair: Kathy Boyle 501-350-2082  
kboyle@seark.edu

Vice Chair : Rena Barker  
BarkerRenaE@uams.edu

Arkansas Society for Respiratory  
Care  
Central District Workshop

**The S.T.A.B.L.E. Course**

# 2011 Central District Workshop

**Date: 08/22/2011**

**Time: 07:00**

UAMS

Fred W. Smith Conference Center  
12th Floor Jackson T. Stephens Spine  
and Neurosciences Institute

"The S.T.A.B.L.E. Program is designed for the period following resuscitation of the newborn until care is transferred to the neonatal transport team or members of the neonatal ICU team. This mnemonic based tool focuses on the post-resuscitation care of sick neonates including physical assessment, problem recognition and patient management. The S.T.A.B.L.E. Program is a concise, directive tool to help maternal/child healthcare providers to organize the myriad of details and interventions necessary to provide care to a sick and/or premature infant. The program has also evolved to serve as an orientation tool for the neonatal ICU. The following material is covered in

**Registration information:**

Send check or money order to:

ASRC Central District Workshop  
 Kathy Boyle  
 509 N. Valentine St  
 Little Rock, AR 72205

**Registration amount:** \_\_\_\_\_

ASRC member: Yes  (\$30.00) No  (\$45.00)

AARC#: \_\_\_\_\_

(must be recorded for ASRC Member discount)

\*Book:  \$42.00

\*ABG chart:  \$6.00

**Will purchase Book and Chart from website:**

\*Note: Both items can be purchased online from:

<http://www.stableprogram.org/catalog/index.php>

**For registration after August 1, 2011, please obtain books and charts from the website above.**

Total amount enclosed: \_\_\_\_\_

this program:

**Sugar – initial IV therapy, neonates at risk to develop hypoglycemia, safe use of central lines, treatment of hypoglycemia;**

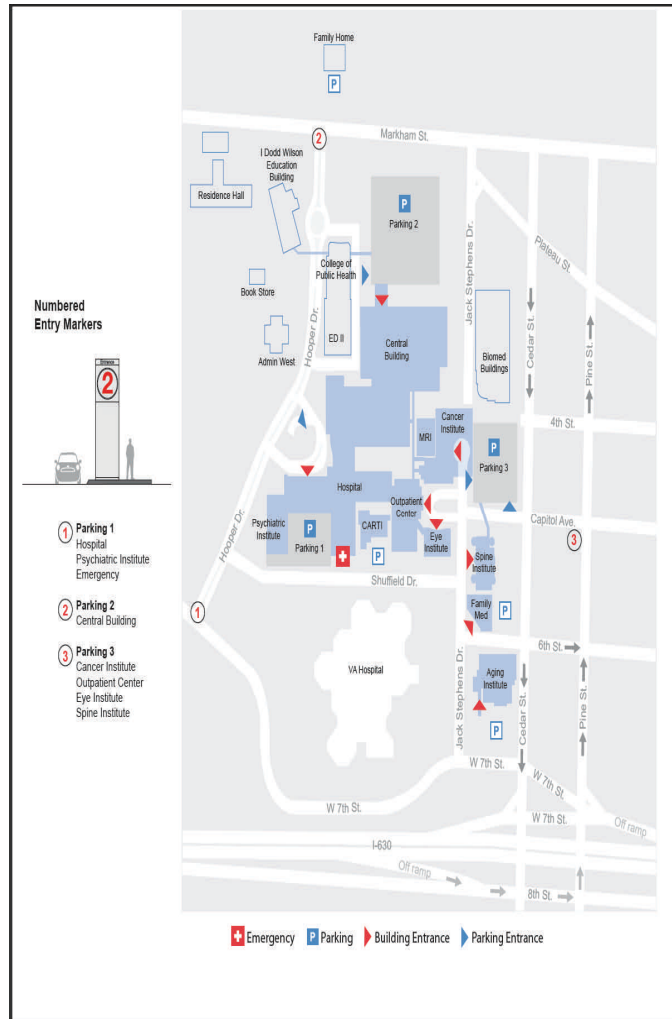
**Temperature – the detrimental effects and consequences of hypothermia and prevention of hypothermia;**

**Airway – assessment of respiratory distress, challenging patients, initial ventilator therapy and blood gas assessment;**

**Blood pressure – the causes and presentation of hypovolemic, cardiogenic and septic shock;**

**Lab work – neonatal sepsis and CBC interpretation;**

**Emotional support – the crisis that parents experience**



**with birth of a sick baby and how to support parents during this crisis.**

This program is presented by experts in neonatal nursing or medicine (a strict requirement of the national office and program director), in a didactic/interactive format. An animated CD ROM (or program slides if preferred) are utilized to guide the course presentation. A validated pre and post-test are utilized to assess changes in knowledge.

Conference Fee:

ASRC Members: \$30.00

Non-ASRC Members: \$45.00

BOOK 42.00; ABG INTERPRETATION CHART: \$6.00

THESE CAN BE PURCHASED ON LINE AT :

[HTTP://WWW.STABLEPROGRAM.ORG/CATALOG/INDEX.PHP](http://www.stableprogram.org/catalog/index.php)

**OR** you may add the cost to your conference fee:

AARC member = \$78.00 (with registration & materials)

Non-AARC member= \$96.00 (with registration & materials)

Parking Deck 3 is the closest to the conference building.

Cost to Park

Visitor parking is \$1.25 for the first hour, with each additional hour \$.75, up to a maximum of \$7 a day.

Participants may park for free at War Memorial Park on Fair Park Ave and take a Shuttle Bus to the UAMS campus.

**For further information contact:**

**Kathy Boyle: [kboyle@seark.edu](mailto:kboyle@seark.edu)**

**501-350-2082**

**Rena Barker: [BarkerRenaE@uams.edu](mailto:BarkerRenaE@uams.edu)**

**501-686-5485**